

APRASSA

Association of Plastic, Reconstructive and
Aesthetic Surgeons of Southern Africa

Johannesburg

16 – 18 SEPTEMBER 2022

Johannesburg Marriott Hotel | Melrose Arch

PROGRAMME

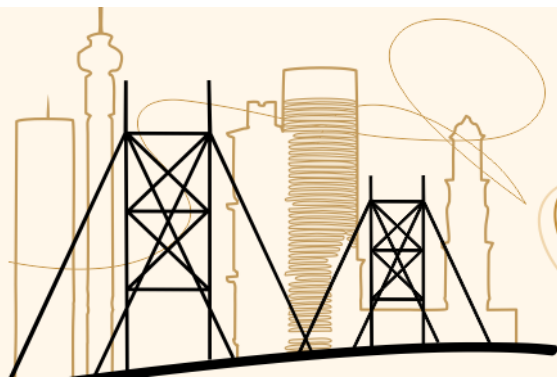
Thursday 15 September 2022

13:00 - 15:00	APRASSA EXCO Meeting
13:00 - 17:00	Delegate Registration
13:00 - 14:00	Pre-Congress Workshops: SkinCeutical - <i>Integrated Skincare: Combining Clinical</i>
16:00 - 17:00	<i>Procedures with Science-Based Skincare</i>
	Pre-Congress Workshop: Galderma - <i>Sculptra® Symposium</i>
19:30	Faculty Dinner for Congress Chairman, Exco members, invited Speakers

Friday 16 September 2022

From 07:00 REGISTRATION & COFFEE IN PREFUNCTION AREA

SESSION 1		CHAIR:	Dr K Segwapa
08:00	Welcome by APRASSA President	Prof Tim Christofides	05min
08:05	Congress Opening Introduction of overseas speakers	Dr Kenny Segwapa	15min
08:20	Welcome by the Dean of Sefako Makgatho University	Prof Nathaniel Mofolo	10min
08:30	Jack Penn Lecture	Prof Jonathan Jansen	40min
09:10	Questions		05min
09:15	The History of Surgical Training in America	Dr Joseph Losee	40 min
09:55	Questions		05min
10:00	Thriving as a Leader in Academic Medicine: My Journey	Dr Joseph Losee	35 min
10:35	Questions		
10:40 TEA/COFFEE			
SESSION 2		CHAIRS:	Prof N Chauke-Malinga & Prof T Christofides
11:00	Why I choose facelift with extended deep lifting & fat grafting using the SEL technique?	Dr Aris Sterodimas	30 min
11:30	Questions		05min
11:35	Rhinoplasty: The Learning Curve	Dr Chris Snijman	10min
11:45	Sonic Rhinoplasty: Incorporating Rhinosculpture into your Rhinoplasty Practice	Dr Chris Snijman	10min
12:00	Questions		05min
12:05	Achieving results for the 'no downtime acceptable' patient. The use of Renuvion technology in face, breast & body	Dr Aris Sterodimas	30min
12:35	Questions		05min
12:40	A review of the Buccal Fat Pad: Its Embryology, Anatomy and Clinical Implications in Facial Aesthetics	Dr Isabel Do Vale	10min
12:50	Questions		05min
13:00 LUNCH			

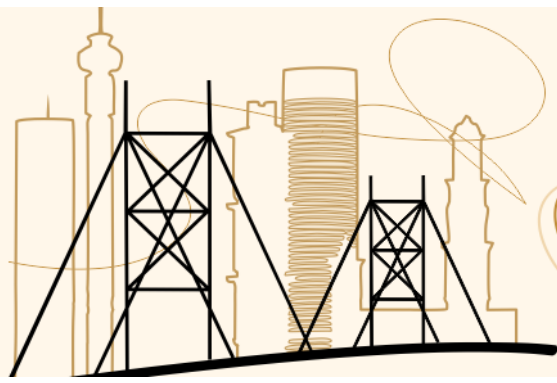


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SESSION 3		CHAIRS:	Prof A Madaree & Dr D Lazarus	
14:00	<i>Use of Light Reflex to Correct Nasal Deformity in Cleft Lip Repair</i>		Prof Anil Madaree	10min
14:10	Questions			05min
14:15	<i>Unilateral Cleft Lip and Nose Repair</i>		Dr Joseph Losee	30min
14:45	Questions			05min
14:50	<i>Soft Palate Mucosal Adhesion with Muscle Release - An Option in "Wide" Cleft Palates in a Cohort in Southern Africa</i>		Dr Saleigh Adams	10min
15:00	Questions			05min
15:05	<i>The Evolution of Palatoplasty</i>		Dr Joseph Losee	30min
15:35	Questions			05min
15:40	TEA/COFFEE			
SESSION 4		CHAIRS:	Prof N Kairinos & Dr J van Heerden	
16:00	<i>Total Lower Lip & Chin Reconstruction with free tissue transfer following a human bite injury</i>		Dr Peter Burge	07min
16:07	Questions			03min
16:10	<i>The Tygerberg Scaphocephaly Cranial Vault Remodeling Technique: Let the Brain Guide You</i>		Ms Amando Nkoane	07min
16:17	Questions			03min
16:20	<i>Treatment of Longstanding Unilateral Facial Palsy</i>		Dr Peet van Deventer	10min
16:40	Questions			05min
16:45	<i>Facial Anthropometric Norms of the Young South African Female</i>		Dr Stephen Wilson	07min
16:52	Questions			03min
16:55	<i>Free Jejunal Flap for Proximal Oesophageal Reconstruction in a Child with a Caustic Stricture: A Case Report & Review of the Literature</i>		Dr Kirthi Ramdhani	07min
17:02	Questions			03min
17:05	<i>A Descriptive Study Using the Vein Viewer® to Identify Superficial Forehead Veins and its Applications for Forehead Flap Planning</i>		Dr Siddharth Gautam	07min
17:12	Questions			03min
17:15	APRASSA AGM			
17:15	REGISTRAR WORKSHOP PRESENTED BY SMITH+NEPHEW			Meeting room 1
	<i>Negative Pressure Wound Therapy</i>		Dr Kevin Adams	
18:30	COCKTAIL FUNCTION in the KEYSTONE RESTAURANT			



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Saturday 17 September 2022

From 07:00 REGISTRATION & COFFEE IN PREFUNCTION AREA

SESSION 5 CHAIRS: Dr M Steinmann & Dr S Selahle

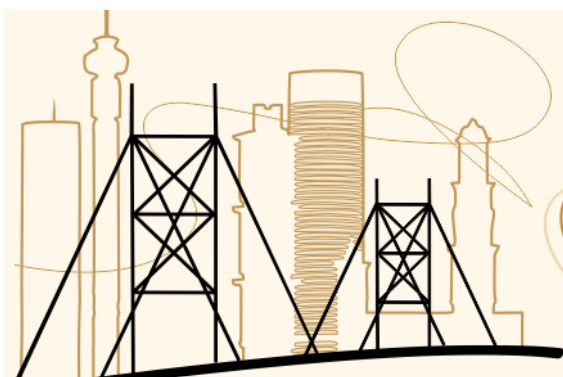
08:00	Hybrid Breast Augmentation	Prof Marcos Sforza	30min
08:30	Questions		05min
08:35	Single-Stage Augmentation Mastopexy: A Retrospective 10-Year Review of 426 Consecutive Cases	Dr Mark Steinmann	10min
08:45	Questions		05min
08:50	Mastopexies with Implants	Prof Marcos Sforza	20min
09:10	Questions		05min
09:15	The Use of Fat Grafting in Breast Surgery - How to Incorporate it Successfully	Dr Aris Sterodimas	30min
09:45	Questions		05min
09:50	Comparison of the Structural and Mechanical Properties of Processed Tissue for Breast Surgery	Dr Gert Steyn	07min
09:57	Questions		03min

10:00 TEA/COFFEE

SESSION 6 CHAIRS: Prof S Adams & Prof C Nel

10:20	The Role of Fat Grafting in Delayed Prosthetic Breast Reconstruction	Dr Jasem Alshemeili	07min
10:27	Questions		03min
10:30	The Tygerberg Hospital DIEP Flap Breast Reconstruction Experience: A 10-Year Review	Dr Ravin Patel	07min
10:37	Questions		03min
10:40	Improved Rheologies for less Inflammation	Prof Marcos Sforza	20min
11:00	Questions		05min
11:05	How to move safely from Textured to Smooth Implants	Prof Marcos Sforza	30min
11:35	Questions		05min
11:40	A Modification of the Trans-Areolar (Nipple-Skirting) and H-Incision Technique for Gynecomastia Correction	Ms Mirgeta Deskaj	07min
11:47	Questions		03min
11:50	Chest Contouring in the Transman: An Alternative Technique	Dr Destiny Links	07min
11:57	Questions		03min

12:00 LUNCH

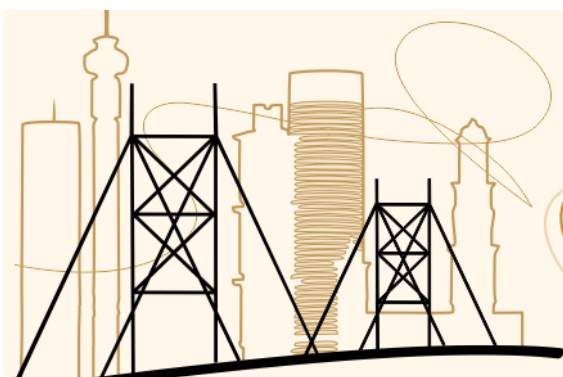


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SESSION 7		CHAIRS:	Dr C Wittstock & Dr M Van der Velde
13:00	<i>The Supraclavicular Flap in Head and Neck Reconstruction - Case Series</i>		Dr Nathan Kaplan 07min
13:07	Questions		03min
13:10	<i>A Case Report: The Use of a Pectoralis Major Flap for Controlling Surgical Site Infection in the Neck complicated by exposure of the common Carotid Artery and a Tracheostomy</i>		Dr Ntokozo Maseko 07min
13:17	Questions		03min
13:20	<i>Pediatric Facial Fractures</i>		Dr Joseph Losee 35min
13:55	Questions		05min
14:00	<i>Reconstruction of Periocular Defects Post Trauma</i>		Dr Roseman Siganga 07min
14:07	Questions		03min
14:10	<i>Giant Scalp Lipoma: Is Trauma to Blame?</i>		Dr Tertius Potgieter 07min
14:17	Questions		03min
14:20	<i>A Rare Metastatic Presentation of Basal Cell Carcinoma</i>		Dr Gillian Siwela 07min
14:27	Questions		03min
14:30	<i>Rhanium 188 Radionuclide Cream as New Primary or Additional Treatment for Keloids and Hypertrophic Scars</i>		Dr Cebo Beja 07min
14:37	Questions		03min
14:40	TEA/COFFEE		
SESSION 8		CHAIRS:	Prof M Daya & Dr S Ghoor
15:00	<i>Autologous Prepuce Advancement Flap: A Novel Method of Reconstructing Circumferentially Burned Penis in a Paediatric Patient</i>		Dr Zain Mehtar 07min
15:07	Questions		03min
15:10	<i>Managing Complications in Body Contouring Surgery: When does your patient need to "see the knife"?</i>		Dr Aris Sterodimas 30min
15:40	Questions		05min
15:45	<i>Hand Surgery: Wide Awake Local Anaesthesia with no Tourniquet Performed with Bupivacaine</i>		Dr Alexandra Botha 07min
15:52	Questions		03min
15:55	<i>Modified Keystone Flap for Post-Burn Axillary Contracture Release</i>		Dr Gary Dos Passos 10min
16:02	Questions		05min
16:05	<i>Case Report: Pedunculated Scalp-Hemangioma</i>		Dr Ebtihal Sagheir 07min
16:12	Questions		03min
16:30	College AGM		Meeting room 1
19:00 for 19:30	GALA DINNER IN CONFERENCE ROOM		



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Sunday 18 September 2022

From 07:00

REGISTRATION & COFFEE IN PREFUNCTION AREA

SESSION 9		CHAIRS:	Dr I Do Vale & Dr M Fayman
08:00	<i>Non-Invasive Muscle Bulk and Fat Reduction: High-Intensity Focused Electromagnetic (HIFEM) Therapy</i>	Dr Ridwan Mia	10min
08:10	Questions		05min
08:15	<i>Efficacy of Topical Tranexamic Acid (Cyclokapron) in "Wet" Field Infiltration with Dilute Local Anaesthetic Solutions in Plastic Surgery</i>	Dr Moshe Fayman	10min
08:25	Questions		05min
08:30	<i>The Power of Pretty: A modern Greek perspective of beauty ideals</i>	Dr Aris Sterodimas	20min
08:50	Questions		05min
08:55	<i>Creating a successful name for yourself: The art of Branding</i>	Dr Aris Sterodimas	20min
09:15	Questions		05min
09:20	PHOENIX LECTURE	Prof Nick Kairinos	35min
09:55	Questions		05min
10:00		TEA/COFFEE	
SESSION 10		CHAIR:	Dr V Jandera
10:20	KEHLA LECTURE	Dr Schalk Van Heerden	35min
10:55	Questions		05min
11:00	ETHICS LECTURE	JP Ellis	40min
	<i>Mock Trial: A demonstration of a real life medical legal case</i>		
11:40	Questions		10min
11:50	<i>"On the Other Side"</i>	Dr Joost Blok	30min
12:25	Questions		10min
12:35	CLOSING SESSION	Dr Kenny Segwapa	
12:45		LUNCH	

POSTERS

Reconstruction of Hemi or Total Lower Lip Combining Perforator-Based Nasolabial Flaps with Modified Webster-Bernard Flaps: A Case Series

Dr Cheryl Faro

A Modified Keystone Flap - A Single Surgeon Series

Dr Samuel Isaacs

A Trio of Tricky Wounds

Dr Zain Mehtar